



Beekman Rec Rec Notes Fall 2009



The mission of the Town of Beekman Recreation & Parks Department is to provide recreational opportunities which will encourage a healthy and active lifestyle. We strive to promote lifelong leisure skills and to enhance the quality of life and sense of community for all residents of the Town of Beekman.

Help Plan the Future of Beekman Rec

Saturday, September 26th, Community Center, Rec Park

Public Open Forum

10 am – 3 pm

Forum Synopsis

4 pm

Stop by **at your convenience** during the day and share your ideas with our planners. Is there a need for more parks? Which parks do you use most often? What Rec improvements are needed? Basketball courts? Swimming pool? New beach? More trails? Bicycle paths? More fields? Youth program ideas? Senior program ideas? Share your thoughts on these and anything else you think Rec can do to promote and healthy & active lifestyle for Beekman residents!

Results of all the discussions that occur from 10-3 will be presented at 4pm!

Family Fun Nights!

Back this fall due to popularity this summer!

\$2/person at the door to cover the expenses of this program, 7-9pm

“I’m Unplugged”

September 25th: Join the Rec in celebrating autumn’s 15th Annual Turnoff Week by coming out for some Family BINGO fun and win free entrance to our Haunted Mini Golf at Fall Festival on Oct 18!

“Halloween Family Idol”

October 9th: Dress your family as a famous fictional family and perform to win free entrance to our Haunted Mini Golf at Fall Festival on Oct. 18!

Teen Leadership Council

Funded by NYS Office of children and Family Services, the Dutchess County Youth Bureau & the Town of Beekman

This ever growing group of teens meets every other Monday at the Community Center for fun, food, and friendship. Under the skilled leadership of Teen Advisor Travis Stump, this group has planned and led activities for the Rec, the Community and themselves. They helped with Opening Day and Community Day, planned a “Lock-in” at the Rec, have gone to Ramapo for a Leadership Conference and more. All interested teens are encouraged to drop by at a meeting to see what fun they can have while developing leadership skills and building their resume for college.

Family Bus Trips

Registration form found at:

<http://townofbeekman.com/recontent/BusTripReg.pdf>

Harvest Festival, Chili-Cook Off, and Woodstock Concert Site Museum Tour

Sun. Oct. 4th, \$34/person includes lunch, corn maze, pony rides, book signings, children’s activities, live music, craft village and MUCH, MUCH more. <http://townofbeekman.com/recontent/WoodstockHistoricSite.pdf>.

NYC Trip

Join us for a fun Day in NYC

Sun. Dec. 13, \$15/person. Drop off near Rockefeller Center. On your own for the day once dropped off. Sightsee, shop, have lunch or see a show! Leave the Rec 10:30, depart NYC 6:30pm. Resident registration begins Sept. 25, 6:30pm at Family Fun Night.

Guided Fall Nature Walk *Part of Hudson River Valley*

Ramble! Doherty Park, Beekman Rd. Hopewell Junction, Sunday, Sept. 20th, 1pm. Led by Beekman Day Camp Nature Counselor, Rob King, you will see and hear about the amazing transformation of this former gravel mine into a 65-acre scenic park. On this mile-long guided loop walk, you’ll see the full range of succession in ecosystems including old fields, new forests, streams and ponds. The effects of human encroachment will also be seen in items left by hunters, farm equipment, household trash and well-groomed soccer fields. Dress for the weather & bring a water bottle!

Geocaching Class

October 22, 7:45pm. Have you heard about the largest world-wide scavenger hunt? Learn how to find the 900,000 caches hidden world-wide at this FREE class. Be-come certified to borrow a Beekman Rec GPS Unit and begin your family’s scavenger hunt.

Friday Nights Dedicated to YOU!

at Rec Park Community Center

Tickets go on sale on a first come first served basis during office hours the week OF each event

	Family Fun Night Toddlers – Seniors	Activity Night Grades K-3	Pizza Karaoke Night Grades 4 -5	Club Pizza K Grades 6 – 8
Hours	7-9pm	6-8pm	7-9:30pm	7-9:30pm
Fees	\$2/person	\$5 per person	\$10/person	\$10/person
Program Themes: Sept: Unplugged Oct: Halloween Party Nov: Around the World Dec: Winter Wonderland Jan: Summertime Feb: Olympics March of the (Movie) Stars April Fools Marshmallow May	Enjoy games, food & fun with your family & friends. See descriptions elsewhere in this newsletter.	Fee include snacks, crafts, games & monthly special activity.	Fee includes pizza, drink, fooseball, knock hockey, music, speedstacking & monthly themed activity.	Fee includes pizza, drink, “club” atmosphere with music, DJ, disco ball, lights, knock hockey, fooseball, speedstacking & monthly theme.
	9/25,10/9, 1/15, 2/12,4/23, 5/28	10/16, 11/6, 12/4, 1/8, 2/5, 3/5, 4/9, 5/7	10/23, 11/13, 12/11, 1/22, 2/19, 3/12, 4/16, 5/14	10/30, 11/20, 12/18, 1/29, 2/26, 3/19, 4/30, 5/21

Dates subject to change – check the website for updates

Other Weekly Activities

See website for more details

Kids

MusicTogether: Thursdays 4:30
Karate: Tuesdays 4:30 & 5:00pm
Brick Kids: Wednesdays 4:30pm
Toddler & Tots Play Group: Tues. & Wed. morning or afternoon classes
Teen Leadership Council: M. 4:30
Youth Fridays: See schedule above

Adults

Forever Fit: Tues. 8am & Fri. 9am
Cardiosculpt: Mondays 7pm
Zumba: Tuesdays 6:30pm
Cardio Circuit: Tuesdays 8pm
Ballroom Dancing: Wed. 6, 7 & 8pm
Trim & Tone: Thurs. 6:30pm
Cardio Kickboxing: Sat. 8:30am

Seniors

Senior Center: Mon.&Th. 10am-2pm
Jazzercise: Thurs. 9am
Line Dancing: Thurs. 2pm

Town Trail System Growing!

Your town Trails Committee meets the third Tuesday of the month

Town Center Park

Much thanks to the Trails Committee and the Beekman Highway Department for the wonderful walking trails that can now be enjoyed between the fields at Town Center Park. Join the families that have already discovered them!

Rec Park

If you take a drive along Rec Road you are sure to see some of your fitness minded neighbors walking on the paved trail there which connects into Rec Park for those who would like to walk in a loop. Come out for some healthy, free family fun!

Doherty Park

Again, thanks to the Trails Committee, this mile long loop trail became available a year ago! Follow the blue trail blazes from the parking lot to walk through a variety of ecosystems including old fields, new forests, streams and ponds.

Mini-Golf Open Weekends Thru Sept.

Our Pirate themed course is open at Creekside Cove in Rec Park for some inexpensive family fun. Open Saturdays & Sundays, 1-6pm through Sept. 27th.

Fall Festival Save the Date!

Sunday, Oct. 18, 1-4pm: Pumpkin painting, country band, bounce house, geocaching scavenger hunt for prizes and haunted mini-golf course (\$1/person), cider, donuts and more. Check website for more info as it becomes available!

Trail for Dogs

Put your best friend on a leash, grab a bag for waste and take a leisurely stroll on the well marked, one mile trail that loops around Doherty Park! Please note, for the safety & comfort of patrons dogs are NOT allowed in our parks, EXCEPT on this trail! Happy walking☺

Centerpiece Workshops

Create beautiful arrangements while enjoying a “Girls Night Out”
 Thurs. Nov. 19 and Dec. 10, 7:00 pm
 See website for more info

Beekman Recreation & Parks

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www.townofbeekman.com/recontent/recreation1.php