

Hi Beekman Soccer Families. As many of us deal with the *inconvenience* of working from home with some extra bodies in the house, there are many people that are putting in long hours at hospitals, nursing homes, etc....to ensure our loved ones are being cared for, and they do so despite the personal risk inherit in the job. Earlier this week, our In House Director (Danielle Ibrahim) sent an email about a meal-delivery program for the workers at Vassar & Mid-Hudson Hospitals. Danielle had proposed bringing the goods directly to her home. However, in order to maximize the contributions, we are going to set-up a central drop off location.

This Saturday (3/28/2020) between 9:00 – 12:00 we are going to set-up boxes under the Pavilion at TCP where your donations can be dropped. In accordance with the state's social distancing policy, we will put cardboard boxes on tables that are spaced accordingly. This will allow people to drop off their goods while adhering to the 6 foot guidance. After we collect all donations, we will coordinate delivery to the ER & ICU hospital staff. As noted in Danielle's email, there are VERY specific requirements for the donations (see below).

If by chance, anyone has access to cardboard boxes that they can donate, please reply directly to this email.

Non Frozen Foods

- everything must be store bought and have completely sealed packaging
- microwaveable soups and other items in containers that can be wiped down and/or popped in a microwave.
- fruits that can be peeled or washed
- creamer, sugar, and sweet-n-low
- bagged salads & dressing
- commercially packaged fruit cups
- single serving crystal light drink mixes, powder or syrup, or similar for their water bottles
- large or single serving bottles of juice or other beverages
- individual bagged chips, pretzels, granola bars, etc
- disposable plates, utensils, napkins, bowls

Frozen Foods

- everything must be store bought and have completely sealed packaging
- large family size pre-prepared frozen food items that come in covered tins that can be heated and then delivered (for example Stouffers Lasagna, MAC & Cheese, etc)
- individual microwaveable frozen meals
- frozen breakfast items
- frozen pre-prepared bagged dinners (like pasta dishes, etc)
- **Note:** frozen food can also be brought directly to Danielle's home at 19 Rose Street, Poughquag, NY. If you do, please text her at **914-330-9243** so she can put the food into a large freezer prior to delivery.
- **Important:** the phone number on Danielle's original email had a typo, so please be sure to use the one above.

Notes of Encouragement

- As much as the collection of goods is needed, it will also be great to flood them with many homemade cards from the children in our club. Not only will it put a smile on the workers faces, but it's a great way for our children to be a part of the cause, and understand the sacrifices being made by many.

- There will be a special drop-off bin for the cards at TCP.

Finally, we realize there are many worthy causes and professions that deserve our gratitude during this unprecedented time, and we thank them all. We also realize that not everybody is in a position to donate at this time. We simply want to provide a venue for those willing and able to help, the opportunity to do so.

As always, thank you for being a great club and community.

Jim Bohrman

President, Beekman Soccer Club